

# h.a.b.i.t.s.



**WATCH:** [Eat this Book](#)



**READ:** Jeremiah 15:16; James 1:22-24



**DO:** Study the passage found in Jeremiah 15:16 and write down what the prophet Jeremiah meant when he said he “ate” the words from God. Following your short study of the passage, pray for the desire and follow-through to be a doer of the word, and not just a hearer.