

Hang-Time With God

h.a.b.i.t.s.



WATCH: [Consumer Worship](#)



READ: Luke 22:46; 1 Thessalonians 5:17



DO: There are 1,440 minutes in a 24-hour day. How many of those minutes do you spend texting? Here's a challenge. No we aren't going to challenge you to pray for 1440 minutes. Instead, every time you grab your phone to text, why not offer a prayer to God first? As Jesus said, "...pray, lest you fall into temptation." You may be tempted to send a hurtful response to someone, a lewd joke, or even a picture. Chances are, if you pray before you text today, not only will you be less likely to fall into the perpetual cycle of temptation, but you will have that constant communication with God.