

# h.a.b.i.t.s.



**WATCH:** [ADRA's Short Film on Hunger](#)



**READ:** Colossians 3:17; Hebrews 6:10



**DO:** When was the last time you actually provided a meal to someone suffering from severe hunger? We often think poverty is only problem overseas but did you know that the Australian Bureau of Statistics found 105,237 people were homeless on Census night - up from 89,728 (17% increase). Why not volunteer at your local community organisation to feed those in need of food, one such community group is Vital Connection, for more information on how you can help go to [www.vitalconnection.org](http://www.vitalconnection.org).