

h.a.b.i.t.s.



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READ: Isaiah 59:1; Romans 12:2



DO: Scripture is filled with encouraging promises, and words of wisdom to live by. Write down any five encouraging texts from the Bible, begin to read over them until you memorise them. It may take you a couple of days to memorise them, and that's okay. One of the best reasons to memorise Scripture is to repeat them to yourself or someone else when feeling down or discouraged. So go ahead, start writing down your favorite verses and fill your mind with them.