

# h.a.b.i.t.s.



**WATCH:** [The Story of Sex](#)



**READ:** 1 Corinthians 6:18-20; Job 31:1



**DO:** Modesty and purity aren't exactly popular terms in society today. For the most part, it's ridiculed and coined as old-fashioned, and those doing the opposite of exploiting their sexuality are applauded and even praised. But who said society sets the standards we should be living by anyways, especially in the area of sexuality? What's more important is what God says. Ask an accountability partner to pray for you in the areas of your life where you know you are struggling to stay modest and pure, and ask them to follow-up with you once a month on how you are doing in those areas of struggle. Just because you struggle now doesn't mean you will always struggle. It's 100% possible to live a modest and pure life to honor God when you ask for His help.